

# WELCOME

**VISION** *The Wyong Catholic Parish is a welcoming, caring dynamic community*

**MISSION STATEMENT** *We will live and proclaim the message of the Gospel :  
Engage, Participate, Reach out and Transform*

**16TH NOVEMBER 2025—33RD SUNDAY IN ORDINARY TIME**

**WYONG CATHOLIC PARISH**

**ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL**

**Under the Pastoral Care of the  
Society of Our Lady of The Most Holy Trinity (SOLT)**

**REFLECTION**—Our daily intake of local, national and world news, whether online or by radio or TV, is a harsh reminder that all is not well in our world. Every day and across weeks and months there are wars, crimes of violence, words of anger and revenge, as well as natural disasters, earthquakes, famines and plagues. Tragically this has been the pattern throughout human history. We seem unable to help ourselves, and despite our increasing awareness of these calamities and their causes, each century seems more devastating and destructive than those past.

As we near the end of the Church year (next Sunday is the Feast of Christ the King), it is helpful to be alert to these signs of our times and to read them with careful comprehension. We know that every human life has an earthly conclusion at death, and all the evidence is that our earth, despite our renewed commitment to care for the planet, will also come to an end. However, the one who is living in relationship with Jesus Christ has nothing to fear. Despite natural disasters and even unwanted and unwarranted personal attacks, Jesus assures us that we have no need to fear. Our perseverance will win us our lives.



## **DID YOU KNOW?** The Blood of Christ from the Chalice

From the Feast of Christ the King, the 23rd November, the faithful in Broken Bay Diocese as well as receiving the Body of Christ will once again receive the Blood of Christ from the Chalice.

This is optional. Those who desire to receive the precious blood will be welcome to do so from the 23rd of November.

May we remember, as we take up this sacred practice, to do so with great care for one another and deep gratitude, as the gift of the Eucharist which we receive, is Jesus Christ himself, poured out for us.

**Please note:** Should you be feeling unwell, please refrain from drinking from the Chalice.



## PARISH CALENDAR—IMPORTANT DATES

- ◆ **21st Nov**—Parish Volunteer Thank You 3:30pm
- ◆ **5th Dec**—Ecumenical Christmas Carols 6pm
- ◆ **19th Dec**—Parish Christmas Dinner at SJF school hall

With all of our wonderful Parish events coming up, they require many hands and lots of organization to keep them going. We would love your help! Should you wish to volunteer for any of these events, please contact the Parish Office as soon as possible. Many Thanks.

## November—Month of Remembrance

It is customary for us to acknowledge All Souls in November.  
*"It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from sins."* 2 Maccabees 12.46

Our Book of Remembrance (Memorial) will be put up near the Sanctuary of the Church from All Souls Day and will remain throughout November.

## November Mass Offering Envelopes

There are envelopes available for you to write the names of your beloved deceased. Please put the envelopes into the special box near the sanctuary in both Churches. All Masses in November will be offered for our departed brothers and sisters.

## Pope's Prayer Intention—November

During the month of November, Pope Leo invites us to pray that all parents who mourn the loss of a son or daughter might find consolation in their community, and may receive peace of heart from the Spirit of Consolation.

## UNABLE TO STAND IN LINE FOR COMMUNION?

### USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated.

Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.

## RED NOVEMBER

### WED 19<sup>TH</sup> NOV—8AM MASS

A message from Aid to the Church in Need Australia and New Zealand: ACN is the Pontifical Foundation dedicated to supporting the suffering and persecuted Church. Red Wednesday is an international initiative of Aid to the Church in Need (ACN). It is a day to stand up for faith and freedom; to gather and pray for those who suffer and are persecuted for their faith. Around the world, churches and public buildings will light up in red. In our Church we will celebrate Mass at 8am.

You can also visit [rednovember.org](http://rednovember.org) to learn more.



## Extra Mower's Required

If there is any person who would be kind enough to join us in mowing on the Church grounds please contact Brian Bugden on 4388 2938.

Depending on numbers, you will only need to mow approximately 3 times a year. **To make life a little easier our equipment consists of 2 ride-on-mowers and 2 self-propelled mowers. Thank you.**

## PASTORAL WORKS BROKEN BAY NOVEMBER 2025 APPEAL

Our Diocese of Broken Bay will be launching at the start of November, the Pastoral Works (PWBB) November Appeal. The Appeal supports various charities in our Diocesan community, particularly the Confraternity of Christian Doctrine (CCD) and the Hospital Chaplaincy and Pastoral Care Program. PWBB also supports St Lucy's School and St Edmund's College for students with disabilities, and the Ephpheta Centre supports the deaf community.



This financial year, 2025/2026, Wyong Parish has been asked to contribute to the charity works of our Diocese with \$21,083. These ministries need our community's generosity as they get little or no Government funding. Please consider donating to help us reach this year's goal. You can donate at any time, not only during May or November.

### ALL DONATIONS OVER \$2 ARE TAX DEDUCTIBLE!

Your generosity is much appreciated, and your donations will help someone within your Parish or the wider local Broken Bay community.

*\*You can also make a donation by scanning the QR code.*



## CHILDREN'S LITURGY—YOU'RE INVITED !

All children are invited to attend the children's Liturgy at our weekend masses. Children's Liturgy is when the children leave the congregation to celebrate and reflect on the Sunday Gospel reading in an age appropriate way.

The children are led through prayers, songs and readings that are adapted to their level of understanding. *(Please ensure there is a parent/guardian for children under 5yrs old; all parents/guardians welcome).*



Attending Mass together is a part of being a Catholic Family, while Children's Liturgy allows children to enter the celebration more fully by catering to their needs.

### Mass with Children's Liturgy:

St Cecilia's Church, Wyong Sunday 9.30am

St John Fisher Mass Centre, Tumby Umbi—Sunday 5:00pm



**Speak with Maria to find out how you can volunteer!**

365 Pacific Highway  
 North Wyong NSW 2259  
 PO Box 786  
 Wyong NSW 2259



Ph: 02 4351 8004  
 Ph: 02 4392 8777

## BOWDEN FAMILY FUNERALS

All Areas ~ Australian Owned

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[anitabowden@cci.net.au](mailto:anitabowden@cci.net.au)



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 it is an irish honour.*



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## Renewing Our Eucharistic Practice

In every celebration of the Mass, the moment of Holy Communion is not simply a personal devotion, it is a sacred act of communion with Christ, with the Church and with one another.

In recent years the reception of Holy Communion has become increasingly irregular. Every parishioner should refresh the reception of Holy Communion from the Bishop's Pastoral Letter titled 'The Mystery of Faith: Encountering Jesus Christ in the Eucharist.' (*Letter/Booklet can be found in the back of the church*) From the Feast of Christ the King (Nov 23rd), the faithful in Broken Bay Diocese as well as receiving the Body of Christ will once again receive the **Blood of Christ from the Chalice.**



## COMMUNION BLESSING



- You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

- Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.



## ECUMENICAL CHRISTMAS CAROLS

Friday 5<sup>th</sup> December 6.00pm St Cecilia's Church

An old tradition is returning. Wyong Catholic Parish will host Christmas Carols with Wyong Anglican Parish. Come along to celebrate the birth of Jesus with Prayers, Readings and Christmas Carols.

Supper will be available afterwards, outside St Cecilia's church. Please bring a plate to share. **All are welcome.**

## Jubilee Year of Hope. Wyong Catholic Parish

Thank you to all parishioners who have participated in our Parish Jubilee activities this year.

In Mid-July we had a meaningful and reverent Eucharistic Adoration. Solemn and beautiful.

Our Jubilee Multi-cultural dinner was enjoyed by about 80 enthusiastic and appreciative parishioners. The selection of different foods was amazing – all so delicious. A coming together of our different cultures to celebrate together. We had two full mini buses for our Parish pilgrimage. A beautiful day, both spiritually and weather wise. A huge 'Thank you' to St Peter's College, our drivers Michael Tobin, Ash Jackson and College Principal, Roisin McVeigh for their co-operation and generosity. This was a special day of prayer and reflection.

It was an exceptional day dedicated to our Mother Mary, Saturday October 25<sup>th</sup>. Rosary, prayers, angelus, reflection and hymns gave all attendees a profound sense of Mary's presence in our lives.

All these events could not have been achieved without the ongoing support and work of Fr Raul, Fr Alex, Fr Teody and parishioners. Special mention must go to Margaret Davidson, Maria Quiroga, Marie-Anne Johnson and Christine Sassine. Their support and work have been greatly appreciated.

Well Done everyone and thank you.

## Invitation to celebrate Weekday Mass with the students from St Cecilia's Mondays 9.15am & St John Fisher Tuesdays 9.15am (School Term only)

We encourage and extend a warm welcome to ALL parishioners to this beautiful half hour week day Mass.

*\*Please Note—Mass at St Cecilia's may vary depending on weather conditions.*

## Main Liturgical Feasts: November

16. Margaret of Scotland; Gertrude 17. Elizabeth of Hungary, 18. Basilicas of Peter and Paul; 21. Presentation of The Blessed Virgin Mary, 22. St Cecilia, 23. OUR LORD JESUS CHRIST, KING OF THE UNIVERSE, solemnity, 24. Andrew Dung-Lac and Companions, 25. Catherine of Alexandria, 30. Andrew the Apostle.

**PLANNED GIVING**—Dear Parishioners, should you wish to donate electronically, please see details below.

**We appreciate all offerings and support gifted to our Parish!**

### To support the Priests (1st Collection):

Acc name: SOLT Australia Inc  
BSB: 062 195  
Acc no: 1022 9389

### To the support the running & upkeep of the Parish (2nd Collection):

Acc name: Wyong Catholic Parish  
BSB: 062 784  
Acc no: 100 001 943



## ST CECILIA'S OLD MOTHERS CLUB AND FRIENDS

St Cecilia's old mothers club and friends enjoyed a great lunch and catch up at the Royal Hotel on Thursday 30<sup>th</sup> Oct. Thanks for coming – Marie Dyer

## ST CECILIA'S FEAST DAY

Saturday 22nd November is St Cecilia's Feast Day, to honour and remember this day there will be adoration at 8am followed by 9am Mass and Morning Tea, please bring a plate to share.



## VOLUNTEER AFTERNOON TEA

A reminder that we will be holding afternoon tea for all our volunteers in the parish. It doesn't matter how big or small you think your role is, if you volunteer your time for our parish this is for you. We would like to see you on **Friday 21st November, 3.30pm** at St Cecilia's Church Hall. Please RSVP if possible & note dietary requirements.



## 200 CLUB 2025

### Prize change :

First prizes have been lowered by \$50.  
Monthly Prizes: 1<sup>st</sup> \$250; 2<sup>nd</sup> \$150; 3<sup>rd</sup> \$100; 4<sup>th</sup> \$50  
Major Prizes : 1<sup>st</sup> \$450; 2<sup>nd</sup> \$250; 3<sup>rd</sup> \$150; 4<sup>th</sup> \$100

### DRAW RESULTS:

|           |        |                     |
|-----------|--------|---------------------|
| 1st \$250 | No 25  | Gloria King         |
| 2nd \$150 | No 124 | Donation            |
| 3rd \$100 | No 158 | Elizabeth Fernandes |
| 4th \$50  | No 75  | Joe Attard          |



## Property Transfer Professionals

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## MASS TIMES

### ST CECILIA'S CHURCH

23 Byron St Wyong

**Saturday Vigil / Sunday Mass Times**

Sat Vigil 5.00pm Sun 7.30am & 9.30am

**Weekday Mass**

Mon-Sat: 8.00am, Monday 9.15am (School Term)

**Reconciliation/Confession** Saturday morning after the 8am Mass & Saturday at 4.30pm

### ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

**Saturday Vigil / Sunday Mass Times**

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

**Weekday Mass**

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

**Reconciliation/Confession** Saturday at 4.30pm

#### EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

**PARISH OFFICE:** 23 Byron Street Wyong

**Phone:** 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

**OFFICE HOURS:** Monday -Wednesday & Friday 9.30am to 2.30pm

#### PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: [raul.balute@bbcatholic.org.au](mailto:raul.balute@bbcatholic.org.au)

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries **Margaret Vandenberg & Christine Sassine**

**PARISH EMAIL:** [wyongparish@bbcatholic.org.au](mailto:wyongparish@bbcatholic.org.au)

**PARISH WEBSITE:** <https://www.bbcatholic.org.au/wyong/>

**FACEBOOK:** [www.facebook.com/wyongcatholicparish](https://www.facebook.com/wyongcatholicparish)

Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

BAPTISMS, WEDDINGS AND  
FUNERALS PLEASE CALL THE  
PARISH OFFICE

Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

Anointing of the Sick

First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual

Help Saturday—St Cecilia's &  
Wednesday—St John Fisher (after the  
8am Mass)

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am  
Mass

Prayer groups

St Cecilia's Rosary Group Tues after  
8am mass followed by Divine Mercy

St Cecilia's Legion of Mary 9am Wed  
Meetings

St Cecilia's Choir practice every Tues  
night 5pm to 6pm

**Parish Pastoral Council Meeting**

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

#### KEEP US IN YOUR PRAYERS

**Prayer:** The most valuable gift  
you can give someone.

**SICK:** Michael McDermott, Michele  
Bolton, Jeanine Doueihy, Lisa  
Glanville, Margaret McDermott, Dave  
Rodney, Danae Roe, Milva Kefu,  
Georgina Mastroianni, Tahniah  
Ahuriri, Mary Anne Xuereb, Tony  
Sabat, Colleen Goodwin, Maureen  
Cross, Vince Bosco

#### RECENTLY DECEASED:

Barbara Barry, Josephine Imer,  
Fahim (Frank) Laoulach

**ANNIVERSARY NOVEMBER:** Ron  
Mahoney, Marie Therese Bartlett,  
Frank Costa & Buttigieg Family,  
Martin Lloyd



#### SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or

Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

## THE LITURGY OF THE WORD

### First Reading Malachi 3:19-20

A reading from the prophet Malachi

The day is coming now, burning like a furnace; and all the arrogant and the evil-doers will be like stubble. The day that is coming is going to burn them up, says the Lord of hosts, leaving them neither root nor stalk. But for you who fear my name, the sun of righteousness will shine out with healing in its rays.

The word of the Lord.

**Thanks be to God.**

### Responsorial Psalm Ps 97:5-9

R. The Lord comes to rule the earth with justice.

### Second Reading 2 Thessalonians 3:7-12

A reading from the second letter of St Paul to the Thessalonians

You know how you are supposed to imitate us: now we were not idle when we were with you, nor did we ever have our meals at anyone's table without paying for them; no, we worked night and day, slaving and straining, so as not to be a burden on any of you. This was not because we had no right to be, but in order to make ourselves an example for you to follow.

We gave you a rule when we were with you; not to let anyone have any food if he refused to do any work. Now we hear that there are some of you who are living in idleness, doing no work themselves but interfering with everyone else's. In the Lord Jesus Christ, we order and call on people of this kind to go on quietly working and earning the food that they eat.

The word of the Lord.

**Thanks be to God.**

### Gospel Acclamation Luke 21:38

Alleluia, alleluia!

Lift up your heads and see;

your redemption is near at hand.

Alleluia!

### Gospel Luke 21:5-19

A reading from the holy Gospel according to Luke

When some were talking about the Temple, remarking how it was adorned with fine stonework and votive offerings, Jesus said, 'All these things you are staring at now - the time will come when not a single stone will be left on another: everything will be destroyed.' And they put to him this question: 'Master,' they said 'when will this happen, then, and what sign will there be that this is about to take place?'

'Take care not to be deceived,' he said 'because many will come using my name and saying, "I am he" and, "The time is near at hand." Refuse to join them. And when you hear of wars and revolutions, do not be frightened, for this is something that must happen but the end is not so soon.' Then he said to them, 'Nation will fight against nation, and kingdom against kingdom. There will be great earthquakes and plagues and famines here and there; there will be fearful sights and great signs from heaven.

'But before all this happens, men will seize you and persecute you; they will hand you over to the synagogues and to imprisonment, and bring you before kings and governors because of my name - and that will be your opportunity to bear witness. Keep this carefully in mind: you are not to prepare your defence, because I myself shall give you an eloquence and a wisdom that none of your opponents will be able to resist or contradict. You will be betrayed even by parents and brothers, relations and friends; and some of you will be put to death. You will be hated by all men on account of my name, but not a hair of your head will be lost. Your endurance will win you your lives.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

# Franciscan 11am Mass Invitation 27th November

All interested are warmly invited to join us at 11am for a Franciscan mass and simple lunch afterwards at The Entrance Church Thursday 27th November.

Franciscan priest Reverend Father Anthoni Selvaraj OFM is coming to The Entrance church to celebrate Mass at 11am followed by a simple bring and share lunch in the Reynolds Room before returning to Sydney.

Further information please text Sandra Petith OFS on 0499811177

Additional info can be found on the National OFS Website [ofsaustralia.org.au](http://ofsaustralia.org.au)



# RED WEDNESDAY

**PRAYER AND SUPPORT FOR  
PERSECUTED CHRISTIANS**

**WEDNESDAY, 19 NOVEMBER 2025**

**Join us for Mass to remember and  
pray for persecuted Christians  
around the world**

Celebrated by:  
**Most Rev Anthony Randazzo**  
Bishop of Broken Bay

**Our Lady of Dolours Catholic Church**  
94 Archer Street, Chatswood

**Mass begins at 7pm:**  
Light refreshments served after Mass

ACN

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Matthew 11:28



## November 2025

7th Nov (1st Friday)

**Healing Prayer Service, 6:30pm-8:30pm**

at Our Lady of Dolours Catholic Church, **Chatswood**

**INNER HEALING RETREAT, 14th-16th Nov**

Guided by Fr Sam Samuel VC & Fr Juby Varghese VC

Starts on Friday 5.30pm & ends on Sunday 4.00pm

For bookings: 02 4372 1598 or email: [drcretreatrego@gmail.com](mailto:drcretreatrego@gmail.com)

17th Nov (3rd Monday)

**Healing Prayer Service, 7:00pm-9:00pm**

at St Patrick's Church, 11 Macquarie street, **WALLSEND**

21st Nov (3rd Friday)

**Holy Mass & Adoration, 6:00pm-9:00pm**

at Our Lady Help of Christians, Church, 31 Oxford St, **EPHING**

30th Nov, 9:00am - 4:00pm

**ONE DAY PILGRIMAGE (Last Sunday)**

- Praise and Worship • Preaching the Word
- Eucharistic Adoration • Divine Mercy Chaplet • Holy Mass

**ALL ARE WELCOME, NO BOOKING REQUIRED, BYO LUNCH**



## DIVINE RETREAT CENTRE

160 Hensons Road, SOMERSBY, SYDNEY-NSW 2250,

Tel: 02 4372 1598, email [drtsydney@gmail.com](mailto:drtsydney@gmail.com)

• [www.divineretreatcentre.org](http://www.divineretreatcentre.org) • Find us on facebook

The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.



Join Us for an Advent Reflection Day

# Guided by the Stars

As we enter the sacred season of Advent, we invite catechists to a special day of reflection inspired by the wonder of the night sky and the timeless hymn, "O Star of Wonder, Star of Light." Together, we will gaze upon the stars and meditate on where they might be leading us—in both our personal lives and our ministry. Just as the Wise Men followed the shining star to seek out the Christ child, let us ask ourselves: where are our own stars guiding us? How can we be guided by divine light to serve with renewed purpose and hope?

Come, reflect, and be inspired by the celestial journey that beckons us toward the light of Christ. We look forward to sharing this meaningful time with you.

**Friday 21 November**



**Chatswood Parish**

**Magnificat Room (located on Kirk St Chatswood)**



**Monday 24 November**



**Manly Freshwater Parish**

**6 Raglan St Manly**

**Friday 28 November**



**The Entrance Parish Centre**

**239-243 The Entrance Rd, The Entrance**



**9:45am-2:00pm. Morning tea and Lunch provided.**



**Please RSVP**



**[registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)**



**8379 1643**

Caitlin Douglas is a trained spiritual director, experienced retreat facilitator, and authorised giver of the Ignatian First Spiritual Exercises. With over 15 years of dedicated service as a catechist, Caitlin brings a heartfelt and insightful approach to spiritual discernment and growth. She is passionate about the radical hospitality of listening deeply—to ourselves, to God, and to others—and believes that authentic listening can transform lives. Through her work, Caitlin seeks to create space for genuine encounter with God's love, inspiring individuals to discover clarity, purpose, and renewed hope on their faith journeys.



### **ADVENT 2025 with The Catholic Guy Bruce Downes**

Jesus is Coming - Time to Get Ready

Experience the life-changing love of Christ and be strengthened in your faith journey this Advent alongside many people from around the world with The Catholic Guy, Bruce Downes.

- \* Inspiring and transforming talks
- \* Opportunities to pray and reflect
- \* Practical strategies for impactful living
- \* Life-changing encounter with Christ

To help you go deeper in your prayer life and spiritual journey, you are invited to attend the Advent Mission Event Retreat online available from 29 November with unlimited streaming until the end of Advent. To find out more and register, go to: <https://TheCatholicGuy.com/missionevent>

Register now on the website or for more information, email: [info@brucedownes.org](mailto:info@brucedownes.org)



**THURSDAY 11 - SUNDAY 14  
DECEMBER 2025  
COBBITTY, NSW**

**YOU'RE  
INVITED**

**RECEIVE THE  
POWER AND BE  
MY WITNESSES**

**ACTS 1:8**

iWitness is an annual Catholic young adults conference in Sydney. Through inspiring talks, uplifting worship, and the sacraments, participants are invited to grow in faith, deepen their love for God, and be renewed in spirit.



[iwitnessaustralia](https://www.instagram.com/iwitnessaustralia)



[iwitnessaustralia.com](https://www.iwitnessaustralia.com)



# Simbang Gabi

BROKEN BAY FILIPINO  
CHAPLAINCY INVITES YOU  
TO JOIN OUR CHRISTMAS  
NOVENA MASSES THIS  
DECEMBER 2025

## Chatswood

**OUR LADY OF DOLOURS**  
94 Archer St, Chatswood  
16 - 24 Dec | 5:30 AM  
Contacts:  
Giselle Goloy 0430 207 757  
Dei Pagunuran 0466 817 254

## Hornsby

**OUR LADY OF THE ROSARY  
CATHEDRAL**  
23 Yardley Ave, Waitara  
15 - 23 Dec | 7:00 PM  
Contacts:  
Vilma Tolosa 0411 250 593  
Cynthia Alipalo 0416 188 835

## Dee Why

**ST. KEVIN'S CHURCH**  
50 Oaks Ave, Dee Why  
15 - 23 Dec | 7:00 PM  
Contact:  
Marlon Cabilao  
0430 249 450

## Wyong

**ST. CECILIA'S CHURCH**  
Triduum Mass  
23 Byron St, Wyong  
21, 22 & 23 Dec | 7:00 pm  
Contact:  
Mona Santos  
0406 998 422



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## WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit [www.catholiccaredbb.org.au/volunteer/](http://www.catholiccaredbb.org.au/volunteer/) for more information



*CatholicCare*  
Diocese of Broken Bay

# VOLUNTEERS NEEDED

## AGED CARE VOLUNTEER VISITORS SCHEME

[www.catholiccaredbb.org.au/volunteer](http://www.catholiccaredbb.org.au/volunteer)

# Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

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**Tuesday – Thursday**  
**10.00am-3.00pm or by appointment**  
**Free entry, parking available**  
**Bookings recommended**

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*You too are part of this continuing  
and living heritage and we'd love  
to welcome you.*

1 Rockwall Cres, Potts Point, NSW  
T: 02 9138 0835  
W: [socheritagecentre.org.au](http://socheritagecentre.org.au)  
E: [heritagecentre@rscoffice.com](mailto:heritagecentre@rscoffice.com)



**Sisters  
of Charity**  
of Australia

**HERITAGE  
CENTRE**





# DIOCESE OF BROKEN BAY PILGRIMAGE

SAT 29 NOV- WED 3 DEC

## FLIGHTS + 4 NIGHTS ACCOMODATION + REGO

\$1,645 PER PERSON, INCL GST

Limited opportunity for \$500 subsidy

Reducing cost to \$1,145

|       |            |                        |
|-------|------------|------------------------|
| Day 1 | Sat 29 Nov | Departure (Travel Day) |
| Day 2 | Sun 30 Nov | ACYF                   |
| Day 3 | Mon 1 Dec  | ACYF                   |
| Day 4 | Tue 2 Dec  | ACYF                   |
| Day 5 | Wed 3 Dec  | Return (Travel Day)    |

TO REGISTER INTEREST TO  
ATTEND ACYF - PLEASE SCAN



### INCLUSIONS

- Economy class return airfare from Sydney
- 4 nights' Accommodation Holiday Inn Express
- Breakfast daily
- Broken Bay Group dinner 29 November
- Return airport coach transfers
- ACYF Melbourne Registration fee
- Broken Bay Pilgrim T-Shirt

### Not included:

- Travel insurance
- Lunches and dinners on festival days

Pilgrimage is open to young people in Year 9 at school, through to the age of 25, and their leaders and clergy.

## BROKEN BAY PILGRIMAGE ONLINE INFORMATION EVENING



7PM MON 11 AUGUST 2025  
TO REGISTER VIA EMAIL -  
PLEASE SCAN



CATHOLIC  
DIOCESE OF  
BROKEN BAY

mission@bbcatholic.org.au

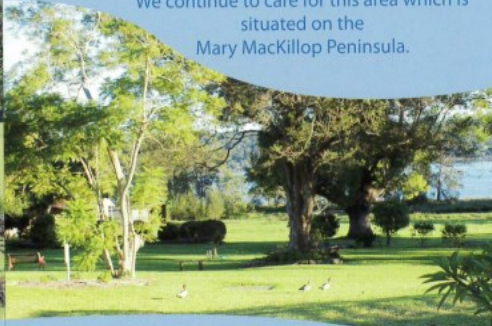
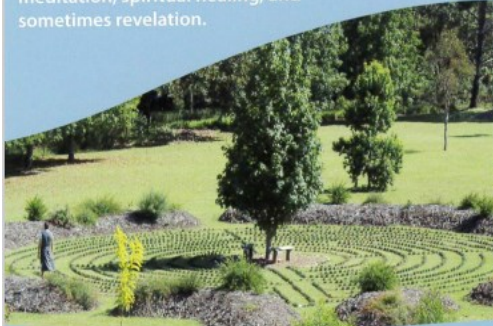
# St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

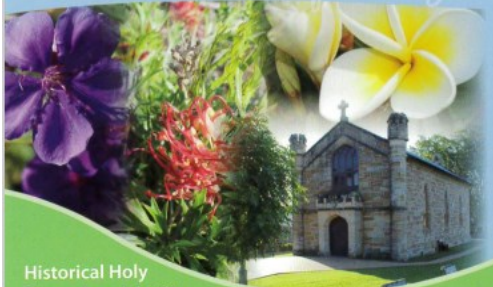
The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



## Peace and Tranquility



A Ministry of the Sisters of St Joseph  
NSW Province

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.

St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.

Historical Holy Cross church built in 1842 presents itself right in front of our Centre.

## St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251  
Phone: 02 43682805 : Fax: 02 43683849  
Email: [bookings@stjosephsretreat.org.au](mailto:bookings@stjosephsretreat.org.au)  
Web: [www.stjosephskincumber.org.au](http://www.stjosephskincumber.org.au)



## Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

## Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

## Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts  
Retreats  
Conferences  
Group Seminars  
Small Group Meetings  
Bible Study Groups  
Prayer Days

Sound and visual equipment for conferences are available on request.

### Walking Tracks and Gardens

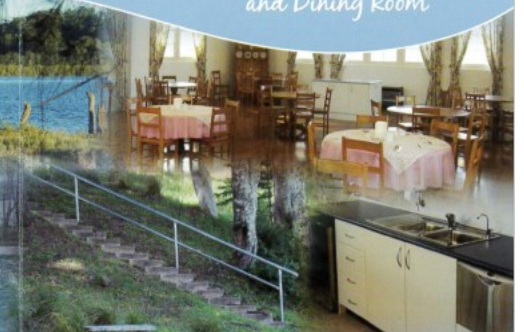
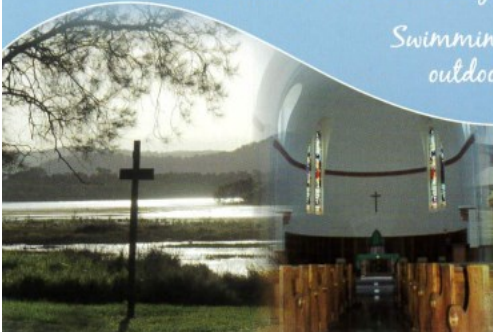
### Meditation Areas and Mary of the Cross Walk

### Swimming pool and outdoor patio

### Chapel and prayer rooms

### Conference Rooms

### Lounge, Tea Bays and Dining Room



## WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR **HOME CARE PACKAGES**

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

*There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.*

Name

Suburb  Phone

Email

Do you currently have Home Care Package funding from the Government?

☐ Yes ☐ No ☐ Unsure

Do you need help applying for a Home Care Package?

☐ Yes ☐ No ☐ Maybe

Is there any other feedback you'd like to provide?

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Take a photo of this completed form and email to [info@catholiccaredbb.org.au](mailto:info@catholiccaredbb.org.au) or text a photo of the form to 0481 602 046. Thank you.



CATHOLIC  
ARCHDIOCESE  
OF SYDNEY



IN  
PERSON

*with*

CHRISTOPHER WEST  
**THEOLOGY**  
*of the* **BODY I**

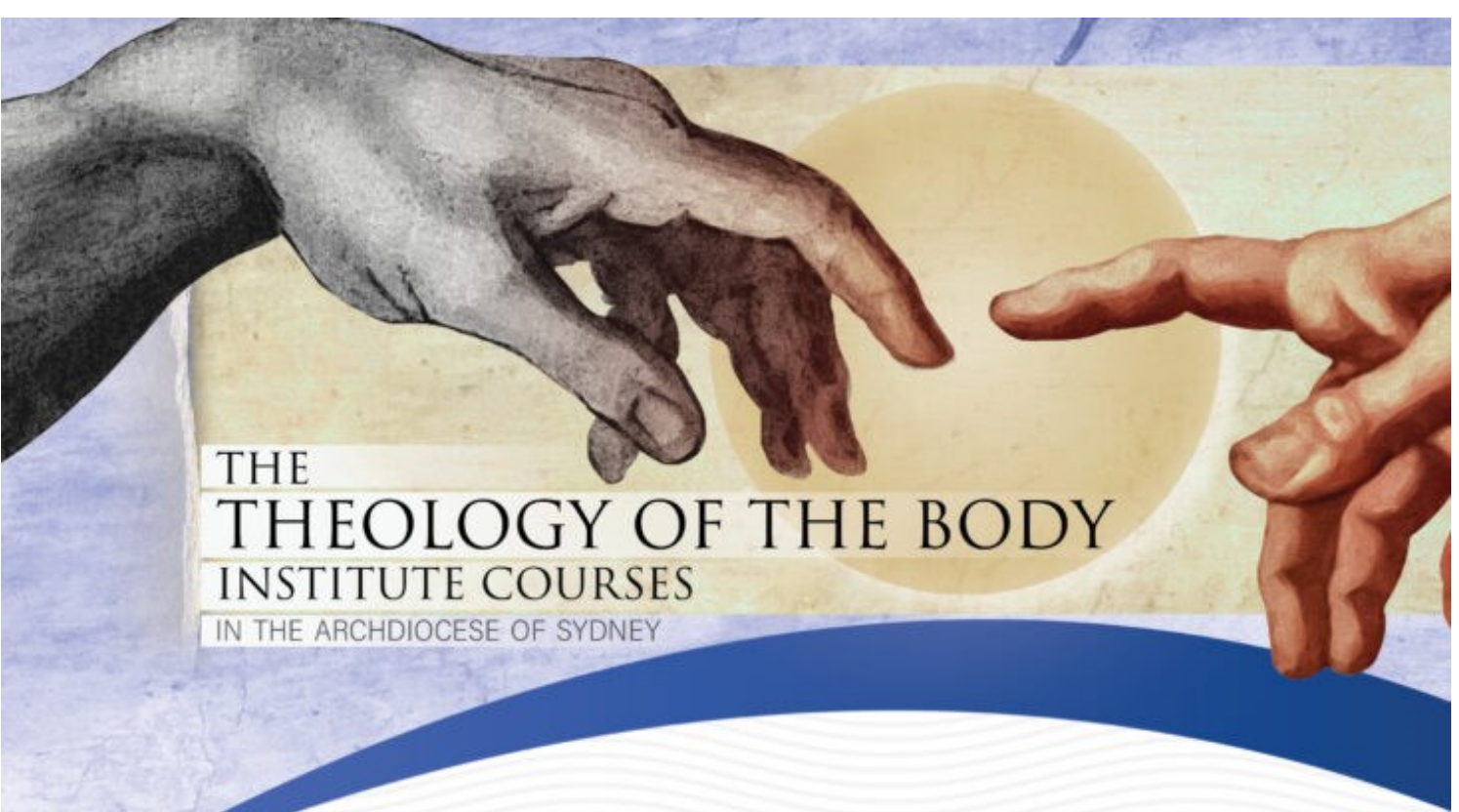
HEAD  HEART IMMERSION

**PRESENTED BY TOB INSTITUTE**

[TOBI.SYDNEYCATHOLIC.ORG](http://TOBI.SYDNEYCATHOLIC.ORG)

**18-23 JANUARY 2026**

Benedict XVI Retreat Centre



# THE THEOLOGY OF THE BODY INSTITUTE COURSES

IN THE ARCHDIOCESE OF SYDNEY

“ And this is why it's already changing so many lives around the world. The Pope's teaching helps us distinguish between the real million-dollar bill and the counterfeit. It helps us 'untwist' our disordered desires and orients us towards the love that truly satisfies.

- Christopher West.

”

As part of its commitment to leadership and formation, expressed in the mission plan Go Make Disciples, the Sydney Centre for Evangelisation in the Archdiocese of Sydney has partnered with the Theology of Body (TOB) Institute to provide more accessible opportunities for Catholics in Sydney and beyond to be trained and formed in the Theology of the Body as proclaimed by St. John Paul II.

The TOB Institute are the leading providers of outreach and educational offerings of Theology of the Body and are dedicated to making these profound riches available in the lives of men and women around the world.

Through this partnership, our hope is that Australians are introduced and re-energised with this most important and crucial 'masterwork' and reach men and women in every state of life with a hopeful, liberating vision of human identity that appeals to the deepest yearnings of the heart for love and union.

“ It is a huge blessing to be doing this course together with my husband, as it has opened the way for us to share more deeply with each other and understand each other better as husband and wife.

- Jane, Wife and Doctor

”



# THEOLOGY OF THE BODY I: HEAD & HEART

## IMMERSION COURSE

18-23 JANUARY 2026

3PM SUNDAY TO 1PM FRIDAY

Benedict XVI Retreat Centre, Grose Vale

- Five and a half days of live-in learning & interactive lectures (30 hours of graduate/master's level instruction)
- All course workbook and materials to help you focus more on listening and receiving
- Daily Mass, adoration, and confession
- 5-night accommodation in a **twin shared room** and delicious meals throughout the week
- Time for relaxation and networking
- Gorgeous retreat setting grounds to soak in God's natural beauty

### Course Description

This course is a dynamic introduction to St John Paul II's groundbreaking *Theology of the Body* — a series of teachings from his 129 Wednesday addresses — that explore what it means to be human, made in God's image, and called to love.

Students will unpack themes like identity, freedom, gender, vocation, fall and redemption, and discover how our deepest desires can be a path to God — not a detour.

More than just head knowledge, this course invites a journey from insight to transformation — from head to heart, and into daily life.

### Learning Objectives

The course is designed to:

- Explore and understand the philosophical foundation on which John Paul II built his theology of the body;
- Synthesize John Paul II's "adequate anthropology" and apply it to the Christian vocations of celibacy and marriage;
- Apply John Paul II's anthropology to a range of questions such as sexual morality, bio-ethics, gender issues, the sacramental life, and the new evangelization;
- Evaluate alternative anthropologies in comparison and contrast with John Paul II's vision of man and woman;
- Integrate the principles of John Paul II's Theology of the Body in one's own life and relationships.

This course is perfect for adults (18+) - lay, clergy, seminarians, religious, ministry leaders, parish coordinators, teachers and those who have a passion and desire to dive deeper into "the rediscovery of the meaning of the whole of existence, the meaning of life". No prerequisite is required to take this course.

“ The Theology of the Body Institute takes the great scholarship of St John Paul II and translates it into a language, images, music and stories that are understandable and resonate in the heart of the average person.  
- Christopher West. ”

“ The greatest gift Theology of the Body gave me as an affirmation that the deepest longings, desires and yearnings of my own heart for love, fulfillment and intimacy were not only good but holy.  
- Marie, university student ”

## Meet your Instructors and Team:

### CHRISTOPHER WEST



**Dr Christopher West** is the most dynamic and compelling evangelists renowned for his mission in spreading the teachings of St John Paul II's Theology of the Body. His global lecturing, best-selling books and multiple audio and video programs have made him the world's most recognised teacher of St John Paul II's "Theology of the Body" – a bold, biblical vision of love and sexuality. He is the co-founder, president and senior lecturer of Theology and Christian Anthropology at the Theology of the Body Institute and a devoted husband and father.

### JASON CLARK



Since 2010, Jason has served as Christopher's closest collaborator in overseeing the global mission and outreach of spreading St. John Paul II's Theology of the Body. He has a passion for drawing people closer to the heart of Christ and has been doing so since the early 1990s as a youth and young adult minister, a seminarian, a worship leader, a speaker throughout the United States and abroad, and, most importantly, as a husband and father of five.



**LIFE, MARRIAGE  
AND FAMILY**  
SYDNEY CENTRE FOR EVANGELISATION

The **Life, Marriage and Family** team in the Sydney Centre for Evangelisation serves parish communities through initiatives that affirm the dignity of the human person and build a culture that supports marriages and families in their vocations. We provide opportunities for spiritual encounter, growth and formation in the areas of RCIA, sacramental life, marriage, family life and men's and women's ministry.

VISIT: [www.sydneycatholic.org/lmf](http://www.sydneycatholic.org/lmf)

The team will serve as your local support and point of contact for any queries about the program. They will also be present to assist with any needs during the course.

**REGISTRATION  
INFORMATION**  
REGISTRATIONS CLOSE  
8 DECEMBER 2025



### EARLY EXPRESSIONS OF INTEREST

- **Cost:** \$2100 AUD
- **Inclusion:** Immersion Course with all materials, five nights (twin-shared occupied) accommodation and meals.
- **Apply:** [tobi.sydneycatholic.org](http://tobi.sydneycatholic.org)

## CATHOLICCARE BROKEN BAY

### Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress. We work with you, assisting you to face challenges and stressors, coming up with suggestions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au).



# Key Telephone Numbers

## KEY TELEPHONE NUMBERS

### **POLICE: 000**

Call the Police for immediate assistance.

### **1800 RESPECT: 1800 737 732**

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

### **FOR NON-ENGLISH SPEAKERS**

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

### **CATHOLICARE BROKEN BAY**

CatholicCare provides a range of services to assist women and children experiencing domestic violence

|                             |                                |
|-----------------------------|--------------------------------|
| Central Coast: 1800 324 924 | Northern Beaches: 1800 324 924 |
| Naremburn: 1800 324 924     | Waitara: 1800 324 924          |

### **MEN'S REFERRAL SERVICE: 1300 766 491**

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

## FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

|                                               |                                      |
|-----------------------------------------------|--------------------------------------|
| <b>Immigration Advice and Rights Centre</b>   | <b>02 8234 0777</b>                  |
| <b>Immigrant Women's SpeakOut Association</b> | <b>1800 656 463</b>                  |
| <b>Legal Aid NSW</b>                          | <b>1300 888 529</b> (business hours) |

**PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.**

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

[www.bbcatholic.org.au](http://www.bbcatholic.org.au)



**CATHOLIC  
DIOCESE OF  
BROKEN BAY**

# SAFEGUARDING is everyone's responsibility



Everyone must  
practice **A DUTY OF  
CARE**. We are called to  
step up and speak out.

Need to be listening &  
watching to understand  
if there are any  
concerns and take them  
seriously



Tell one of our  
designated persons in  
authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made  
with Diocesan  
Safeguarding Office



Our Community is  
**SAFE**